GUIDELINES FOR INNOVATIVE PROGRAMMES, VALUE EDUCATION, YOGA, SPORTS INFRASTRUCTURE AND ADVENTURE SPORTS





University Grants Commission New Delhi 1993

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(C) UNIVERSITY GRANTS COMMISSION

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UNIVERSITY GRANTS COMMISSION (Applicable for all Schemes/Programmes of UGC)

PROFORMA FOR SUBMITTING UTILISATION CERTIFICATE IN RESPECT OF BUILDINGS UNDER CONSTRUCTION BUT NOT COMPLETE

It is certified the vide UGC letter No. financial details as of	F	dated	is under are given belo	construction and no			which was approved of expenditure or			
Original estimated cost as approved by UGC	UGC Letter No. & date	Revised estimated cost as approved by UGC (if any)	UGC Letter No. & date	Share of UGC against the approved cost	Total grant released by UGC so far	Sanction Letters No. & date	State Govt./ Univ./ mānagement share against approved cost	Grant Actually released by the State Govt./ Univ./ manage- ment so far	Expenditure incurred as on	Total expenditure incurred as on is Rs (Rupees)
(Ks. in lakhs)		(Rs. in Yakhs)			(Rs. in lak	hs)			(Rs. in lak	h)
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UNIVERSITY GRANTS CHACLESTON (Applicable for all Schemes/Pargrames of UGC)

PROFORMA FOR SUBMITTING UTILISATION CERTIFICATE IN RESPECT OF BUILDING WHICH IS COMPLETED,

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UNIVERSITY GRANTS COMMISSION (Applicable for all Schemes/Programmes of UGC)

UTILISATION CERTIFICATE IN RESPECT OF ITEMS/PROGRAMMES WHICH ARE IN PROGRESS/COMPLETE

lı	is certified that the Un	iversity Grants Commission sa	inctioned Rs.	_ lakhs (Rupees) vide leuer No	
expend	iture on the programm	e/item is as under:	_ (name of programme/item)	which is under implementation	on has been completed. It is cer	rtified that the progress of
A. N	on-Fecurying:					
SI. No.	Item (s)	Cost approved by the UGC	Grant released by UGC so far	UGC Sanction Letter No. & date for each item	Actual expenditure as on (date)	Remarks
1. 2. 3.	Recurring:		,			-
SI. No.	Item (s)	Cost approved by the UGC	Grant released by UGC so far	UGC Sanction Letter No. & date for each item	Actual expenditure as on (date)	Remarks
H. Signal	The items of stock have ure:	on audited/unaudited statements been taken in the assets ledge				
-	: nation: lution No.	dated of	University/Executive Body au	uthorising the above signatory	to furnish utilisation certificate).	

SCHEME FOR INNOVATIVE PROGRAMMES



University Grants Commission New Delhi 1993

SCHEME FOR INNOVATIVE PROGRAMMES

I. Objective

The academic programmes in the universities are expected to be innovative and accordingly the UGC has framed a number of schemes envisaging assistance for various programmes in the university sector. However, the range of UGC schemes is not exhaustive and from time to time proposals are presented to the UGC which are undoubtedly innovative and therefore, desirable but they are not covered under any specific scheme of the UGC. This scheme, therefore, aims at providing the framework for assistance to such innovative projects. However, due to the limited resources available with the UGC, it cannot support a large body of such proposals and therefore, assistance under this scheme, has to be by exception and in a very limited number of cases obviously, only those proposals can be considered for sanction under this scheme, which are of a nature which is not covered by other UGC schemes.

II. Strategy

A university or a scholar can propose to the UGC any programme for assistance under this scheme provided:

- (i) The programme is innovative and will positively influence quality of teaching/research in the university.
- (ii) The nature of the proposal is such that it cannot be considered under any of the UGC schemes.

The proposal of a scholar will be considered only if it is sponsored by a University. The proposal should describe what is proposed to be achieved and how. The financial requirements should be itemwised and justification and calculations for financial needs must be clearly mentioned. On receipt of such a proposal, it will be examined through an Expert Committee and keeping in view their advice the proposals accepted by the UGC would be supported.

By its very nature, there can be no ceiling on assistance under this scheme but because of the limited resources available with the UGC, the proposals with a limited financial involvement would have a better chance of being considered favourably. No posts, teaching/non-teaching would be sanctioned under this scheme. Also, the assistance under this scheme can be only for a limited period of time and, therefore, only those proposals which can be completed within a few years and certainly within the current plan period should be proposed for consideration of the UGC.

SCHEME FOR PROMOTION OF VALUE EDUCATION IN UNIVERSITIES AND COLLEGES (POST GRADUATE)



University Grants Commission New Delhi 1993

SCHEME FOR PROMOTION OF VALUE EDUCATION IN UNIVERSITIES AND COLLEGES (POST GRADUATE)

I. Ojbective

This scheme is to promote value education in universities and colleges (postgraduate). The general perception is that the educational system is not catering sufficiently to the requirement of value education and that the students who are coming out of the educational system are not sufficiently imbibing the desirable values. This has implications for the behaviour of citizens in the country and therefore, for the quality of national life.

With the rapid advancement of knowledge, driven by rapid advancement of science and technology, the content of educational courses is getting upgraded continuously. This has put an ever increasing pressure on the students. The promotion of professionalism in different walks of life is also making life more competetive at all levels, including that of students. Finally, due to increasing population in the country and consequent increase in unemployment leading to increased competition for jobs and consequent pressure to do well in examinations, a situation has come about in which the urge to do well in examinations is forcing students and teachers to give up all aspects other than those related to performance in examinations. This situation is causing marginalisation of value education. Value education is crucial to the retention of national identity and to a peaceful and harmonious society. Value education is also essential for overall development of the personality of the students. Therefore, this scheme aims to assist the universities and colleges in programmes which will promote value education among teachers/students.

II. Strategy

It is a function of the university to build in the component of value education in various regular courses and programmes it conducts. Therefore, assistance under this scheme will not be available for providing formal courses for value education. Assistance under this scheme would be provided for specifically designed programms for a fixed period of time i.e. for 2 or 3 years to be implemented as a project. Since the nature of such programmes can be varied, the scheme does not define the programmes that can be implemented. However, it may be noted that routine activities like getting books published on values or routine preparpration or distribution of literature or organising study tours to distant places would not be assisted under this scheme. There is a large body of literature on values and it is not productive to go in for writing of fresh books. Under this scheme the university would be expected to identify one or more faculty members who are interested in value

education and such person/persons would be expected to formulate a project proposal mentioning what programme they wish to implement, how it will be implemented, who will be the beneficiaries, what will be the item-wise cost and how the outcome will be evaluated. The project proposal should be submitted to the UGC which will assess it through an Expert Committee and the accepted projects would be funded by the UGC under this scheme. The assistance to a project under this scheme would be limited to Rs. 4 lakks for a project period of 3 years. No posts or construction of buildings would be considered for sanction under this scheme.

III. Disbursement of Assistance by UGC

On receipt of the project proposal from the university, the UGC will place it before the Expert Committee. The projects approved by the UGC would be assisted by the UGC within the limits envisaged under the scheme.

IV. Monitoring and Evaluation

While claiming assistance from the UGC (once a year) the university will be required to submit a report about the activities performed during the preceding year and the perceived outcome. In the last six months of the project the university will be required to commission an outside expert for assessing the implentation of the project and its outcome. Such evaluation will be furnished to the UGC within three months of the completion of the project.

SCHEME FOR PROMOTION OF YOGA EDUCATION AND PRACTICE IN UNIVERSITIES



University Grants Commission New Delhi 1993

SCHEME FOR PROMOTION OF YOGA EDUCATION AND PRACTICE IN UNIVERSITIES

I. Objective

Yoga promotes physical and mental health. It disciplines the mind and improves the powers of concentration. Therefore, it is ideally suited for students and teachers in the universities who are involved in intellectual pursuits. Because of very modest requirements of space and money, Yoga can be practised even where such facilities are available in a limited sense. However, yoga is a discipline based on meticulous practice. It is not amenable to formal qualifications and quantitative monitoring. Therefore, recruitment of full time faculty members for yoga or conducting structured courses is not appropriate. Therefore, the objective of this scheme is to help create a competent facility manned by traditionally trained persons for yoga education and practice for use of the students/teachers in the universities.

II. Strategy

Although yoga education and practice requires very little of material resources, it is an integrated way of life and therefore, requires restrained behaviour on the part of those learning voga. It requires regulated food & living habits and it requires guidance and supervision of a learned yoga teacher. In the field of yoga, formal qualifications and quantified parameters for outout/work have little relevance and therefore, the formal system for recruitment of teachers and assessing their work is not suitable for yoga. On the other hand, there are many very eminent yoga institutions in the country who by their work and reputation have established the credentials of their instructors. These institutions have also developed acceptable systems of yoga training and for management of yoga centres. Therefore, this scheme aims at assisting the universities in setting jup yoga education and practice centres in their campuses by identifying and involving one of the eminent voga institutions in the country. Assistance will be provided to the universities for building including housing for the yoga centre and for recurring expenditure involved in managing the yoga centre. The recurring expenditure will consist of the amount the University would be required to pay to the yoga Institutions whose instructors (2 per centre) would manage the yoga centre and conduct yoga classes.

The university would be required to levy a fee of Rs. 25.30 per month per person from the participating teachers/students for meeting the needs of consumables and for maintenance of the yoga centre.

A list of eminent yoga institutions in the country is appended with this scheme. This list is, however, illustrative and the universities would be able to supplement this list but for such cases they are advised to consult the Kaivlaya Dham Yoga Samiti, Lonwala (Maharashtra) about the

suitability of the institution they wish to engage. The Kaivalya Dham Yoga Samiti is accepted as the national institution in the field of yoga education by the Ministry of Human Resource Development.

III. UGC assistance

The UGC's assistance will be available for the following items:

1. Buildings

- (i) Hall for practice of yoga for about Rs. 5.00 lakks 50 persons (150 sq. meters) with pueca raised platform in the front for an equal number.
- (ii) Living quarters for 2 instructors Rs. 2.50 lakhs (iii) Initial furnishing and equipment Rs. 50,000/-
- (iv) Monthly fee to the managing Yoga institution

Honorarium to an Instructor not Rs. 1.2 lakhs to be loss than Rs. 4,000/- p.m. per year.

To smalled assistance under this achieves university will have to approach the buildent your listington with established reputation in the country and puritisade it to manage and can the your centre to be created as above with tieff, assistance. The university will have to enter into a 5-year renewable assistance with the your institution. Operational expenses have to be limited, to the money received by way of fees from teachers/stadents. Aftern entering into such agreement and with a copy of each, agreement, the instruction may apply to the UGC for assistance under this scheme. For society, assistance for building, the procedure prescribed under the Development assistance would apply.

2. Disbursement of a grant

On the university proposal being approved by the UGC, money for buildings will be disbursed under the terms and condition applicable for construction proposals under the scheme of development assistance to the universityes. The money for payment fees to the Yoga Institution will be disbursed to the university on annual basis on the university furnishing the names of instructors and the institutions they have been taken from.

3. Courses/Training

The Yoga institution/university would be expected to conduct a 3-6 months course for the teachers/students atleast once in a year. The successful teachers/students may be awarded a certificate. The course may be the one developed by the yoga institution as moderated by the university. In this the university may take the help of Kaivalaya Dham Yoga Samiti.

In addition, the yoga centre would conduct supervised yoga practice Classes each day in the morning and in the evening for any teacher/student who may be wishing to participate in such classes. Citizens can also be allowed to the practice classes at the discretion of the Yoga Centre/University.

4. Review and Evaluation

The UGC will subject the scheme to expert review/evaluation in the last year of the plan period and continued assistance to the university would be dependent upon the outcome of the review/evaluation.

Illustrative list of Yoga Institutions of Eminance

- 1. Shriman KYSM Samiti, Kaivalyadham, Lonavla (near Poona) (Maharashtra).
- 2. Shivananda Ashram, Rishikesh, Uttar Pradesh.
- 3. Vivekananda Kendra, Bangalore.
- 4. Bihar Ashram, Monghyr.

PROGRESS REPORT FOR YOGA EDUCATION FOR ------ UNIVERSITY

(To be furnished in duplicate by the Professor Incharge.)

Progress Report for the Academic Year-----

- Date of UGC sanction
- 2. Yoga Institution to which Yoga Centre in the University has been assigned.

(Give date from which the Institution is working)

- 3. Number of Students trained during the year
- 4. Number of Teachers trained during the year
- 5. Number of citizens trained during the year
- 6. Fee (total amount) collected from the trainees during the year

7.

ITEM	UN-UTILISED GRANT AVAILABLE FROM PREVIOUS YEAR	GRANT RECEIVED FROM UGC DURING THE YEAR	EXPENDITURE DURING THE YEAR	UTILISATION CERTIFICATE	
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Building construction

Initial furnishing & equipment

Fee for managing The Institution (Salary)

8	,	Signature	Signature
	Place	Name	- Name
	Date	Designation	Designation
		(Incharge University Professor)	(Incharge Yoga Institution)

SCHEME FOR DEVELOPMENT OF SPORTS INFRASTRUCTURE IN UNIVERSITIES AND COLLEGES (SCHEME OF NATIONAL SPORTS ORGANISATION)



University Grants Commission New Delhi 1993

SCHEME FOR DEVELOPMENT OF SPORTS INFRASTRUCTURE IN UNIVERSITIES AND COLLEGES (Scheme of National Sports Organisation)

I. Objective

The University Grants Commission is the implementing agency for the scheme of NSO of the Department of Youth Affairs & Sports (Ministry of Human Resource Development) for the universities and colleges. The scheme aims to provide assistance to universities and colleges for development of sports infrastructure because of the objective of developing the infrastructure and because of the limited funds available under the scheme, the UGC has identified only some items for assistance on scales mentioned subsequently in this scheme.

II. Eligibility of Institutions and Assistance

The UGC provides assistance as below for various items of sports infrastructure:

	Item	Maximum Admissible Cost	Meximum UGC Share
1.	Construction of multi-purpose or gymansium (size - 36 x 24 x 12.5 meters) 30 x 18 x 12.5 meters or 20 x 12 x 7 meters each with double layer teak wood flooring	Rs. 32 lakhs	Rs. 25 lakhs
2.	Swimming Pool (size - 50 x 21 x 1.8 meters or 25 x 21 x 1.8 meters	Rs. 32 lakhs	Rs. 25 lakhs
3.	Pucca Basket Ball, Volley Ball, Badminton, Tennis Courts	Rs. 1 lakh	Rs. 75,000
	Moolrum/Clay Lawn Tennis Court and Cricket Pitch	Rs. 25,000	Rs. 16,000
5.	Cinder/Clay Athletic Track (400 meters)	Rs. 4 lakhs	Rs. 3 lakhs
5.	Non-expendable Sports Equipment	100% cost as UGC sha which a space is availa The sanction will be or	ble in the institution.

- (i) Gymnastics Rs. 40,000 for new gymnasium, Rs. 20,000 for existing gymnsium.
- (ii) Athletics Rs. 40,000 for new track, Rs. 20,000 for existing track. For 200 meter track the amount will be half.
- (iii) Physical conditioning equipment Rs. 75,000
- (iv) Wrestling Mats Rs. 20,000
- (v) Rs. 10,000 for each of the sports- Badminton, Basket ball, Hockey, Volley ball, Weight lifting, Foot ball, Table tennis.

Every eligible university and college is entitled to seek the assistance for sports equipment and for preparation of basket ball etc., courts/cricket pitch. For gymnasium, swimming pool and athletic track all universities are eligible but the UGC assists only for gymnasium or for swimming pool to a university for plan period. For these three facilities those colleges which have postraduate classes also and have a minimum enrolment of 1000 are also eligible to apply but UGC will assist one college for either gymnasium or swimming pool only in a plan period. The assistance for non-expendable sports equipment is also availbale only once in a plan period to any institution.

III. Conditions and Procedure for Application

For gymnasium, swimming pool, athletic track and for preparation of basket ball etc. courts the UGC assistance is only to the extent of 75% of the cost. Therefore, the application of the institution should have designs and estimates of the proposed work to be prepared by an engineer not below the rank of Executive Engineer. The application should also have the survey report concerning the sports facilities available in the institution in the proforma given in the Annexure. The institution should mention the basic facility like the built up space or the ground available to it because unless these are available and reported in the survey report, assistance for equipment for these items would not be sanctioned. Finally, an undertaking should accompany the application regarding the share of the institution. For State Government, colleges and universities, the undertaking has to be in the form of a letter from the State Government specifically sanctioning the institution's share. In the case of a private college the undertaking has to be in the form of a resolution of the Executive Committee of the Management. In any institution whether Government College or private college or a university the choice is also available to the institution to raise institution's share through private collections. In such cases the institution has to furnish the undertaking about the institution's share being available in cash at the time of making the proposal under signature of the head of the institution. In such cases the UGC will release the first instalment when the proposal is accepted but the further instalment will be released only after the institution's share has been utilised.

The institutions should take care that all the above mentioned documents are annexed to the proposal exactly in the form and manner specified above because no UGC sanction will be given without the availability of these documents. The institutions should also note that the undertaking about the institution's share has to be for all the amount which in excess of the maximum permissible UGC share in case the estimates prepared by the institution exceed the maximum cost indicated in this scheme.

IV. Procedure of Sanction and Disbursement

The proposals involving designs and estimates for gymnasium, swimming pool and athletic track are referred by the UGC first to the NIS, Patiala for scrutiny by their engineering wing to ensure that the designs and estimates meet the requirement of specifications prescribed for the relevant sport. Only when the designs and estimates meet these norms, the expert committee in the UGC considers these proposals as valid proposals. The sanction for all the proposals under the scheme is considered by an expert committee in the UGC. For items involving institution's share, it is a condition that second instalmement of UGC share is released only after the institution has utilised its share. For non-expendable sports equipment the sanctioned amount is released in one instalment.

V. Completion Certificate

For gymnasium, swimming pool, athletic track and for basket ball etc. courts a certificate has to be furnished to the UGC on completion of the work mentioning the total cost incurred and that the construction has been made according to the original designs and estimates approved by the UGC. This has to be signed by the head of the institution (Registrar for a University and Principal for a College), Director, Physical Education/Sports Officer of the institution and by an engineer not below the level of Executive Engineer (University Engineer can also certify). For non-expendable sports equipment, the certificate should be furnished to the effect that sports equipment purchased is according to the specifications laid down for that sport by the NIS, Patiala or LNCPE, Gwalior. It should be signed by the head of the institution and the Director of Physical Education. These certificates should, of course, be accompanied by the statement of expenditure and utilisation certificate prescribed by the UGC for other schemes.

UNIVERSITY GRANTS COMMISSION NEW DELHI

SURVEY REPORT FOR SPORTS FACILITIES IN AN INSTITUTION

Note:	 This format is common for universities and coll Use separate proforma (of this type) for different 	
1	Name of the project (Mention the title as given in the revised pattern of assistance).	
2.	Name of the University/College with full address.	
3.	Name of the District.	
4.	(a) In case of colleges to which university	
	it is affiliated.	terate in the
137	(b)Name of the affiliation	TEMP/PERMANENT
5.	Indicate whether it is fit to remains	27 1 K.T.
TAN-	Principles Applied In the part and the Line Act	YESANO
* H	Insicate the number of students sprolled in	
	the current year in the U.G & P.G courses.	UG / PG / Total
7.	Whether the College/University is located	graph (many)
44.		HILLY/VALLEY/PLAIN
8.	Whether the land for the project has been required	YES/NO
9.	Whether my such facility is strently available	YES/NO
10.	If yes to Q.No. 3, give justification for this proposal.	·
11.	Attach complete and- clean drawings showing the site	
State of	plan and all details of the scheme duly approved by	
1-1 145	CPWD/PWD., Chastered/PWD/Municipal Engineer	No. At
A	(in case of earth work cross section and long-section should also be enclosed.)	
12.	Indicate whether the project conforms to	
Ser	the specifications given in playing field manual.	YES/NO
13.	Attached detailed estimates on the basis of	
	approved drawings.	
14.	Scope of the work indicating the salient features,	
	soil conditions cutting/filling, if any, type of	
1.71	construction, terrain and any other special features highlighting the same.	
15.	Indicate the date from which the work is	
	proposed to be started.	
16.	(a) Indicate how the matching share over & above t	he .
	assistance under N.S.O. Programme is proposed	i to be met.
-	(b) Indicate (with documentary evidence) the amou	nt already
- 7.	collected to meet the college/university share.	
17.	Indicate the assistance approved/sanctioned by	
	State/Union Terrtory/Govt. for this project.	
18.	Indicate period by which the project will be completed	i

- 19. (a) Indicate whether the college/univ. had received grant for this purpose under NSO Programme in the past.
 - (b) If yes, mention the sanction letter No. & date & amount received.
- 20. Give full justification for this project.

I certify that the information given above is correct. The facilities of the project shall be used for the bonafie purpose for which the funds have been made available.

Vice Chancellor/Registrar SEAL Principal/Registrar SEAL

(In case of University, signature of Registrar as well as Vice Chancellor are necessary) and

(In case of a College, signature of Principal as well as Registrar of the University to which the college is affiliated are necessary).

LIST OF NON-CONSUMABLE SPORTS EQUIPMENTS (ILLUSTRATIVE)

s. <i>NO</i> .	ITEMS	BRAND SPECIFICATION	GRADE S	FIRMS
	i satural su			Land American
1	Discuss Steel Rim 1.5 Kg.	Singlescrew	1	Bajaj & Co. 27 Municipal Market Connaught Circus, New Delhi
2.	Discuss Steel Rim 1 Kg.	N-1102 Double Screw	1	Nelco (India) Pvt. Ltd., Meerut
3.	Tursed Iron Hammer 5.45 Kg.	N-1123-CT Double Screw	1	- do -
4.	- do - 4 Kg.	N-1123-DT	1	- do -
5.	Javelin (Aluminium) 800 Gms.	Aero-float N-1111	1	- do -
6.0	Hurdle Adjustable	Stag Champion- ship as per IAAF	1	International Sports, Meerut
7.	- do -		1	Khaisa Gymnastic 48 Victoria Part,
			4 .	Meerut
8.	Hing Jump Start	Latest Model (Altiminium)	.1	Patiala Sports Industries, Lower Mall, Patiala
9.	- do - School Model	Triangular, Base N-1129-ET Bar	İ	Nelco (India) Pvt. Ltd. Meerut
10.	Cross Bar (High jump)	As per IAAF	1	Khalsa Gym. Works, Meerut
11.	Take-off board (wooden)	- do -	1	Goodluck & Co., Meerut
12.	- do -	- do -	1	Khalsa Gym. Works, Meerut
13.	Relay Baton (Aluminuim)	- do -	1	Bajaj & Co., New Delhi
14.	Spare Wire-for Hammer	- do -	1	- do -
15.	- do -	- do- N-1125 C	1	Nelco India, Meerut
16.	Spare Hammer Handle practics	- do - N-1125-B	ì	- do -
17.	Stop Board for shotput	- do -	1	Goodluck & Co., Meerut

BAS	KET BALL			
1.	Wooden Boards	Compressed & Water Proof	1	Punjab Sports Ho- use, Ambala cantt.
2.	Basket Ball Poles without board	of 6" A class pipe as per specifications of Basketball Federation of India	1	Patiala Sports Patiala Ind.
CON	NDITIONING EQUIPMEN	NT		
1.	Multi Gymn. 12 Stations	6 weight stations with 1265 lbs chromed with steel weights (unbreakab	III le)	Patiala Sports Indust. Patiala
2.	Weight Training set 5 Kg.	Chromed and buffed bar	1	Kappor Edul. Corpl 8 sector 18-B,Chandigarh
3.	Adjustable Dumbell 20 Kg.	Chromed Rod	1	Bhaseen Sports, Jalandar
4.	Bench of multipurpose 4 stations	135x20 cms	1	Punjab Sports Ho- use, Ambala cantt.
GYI	MNASTICS			
1.	Parallel Bars set (complete) adjustable	Double lock system (gup sysetm) fitness	1	Gymn. & Gymn. Chandigarh
2.	Horizontal Bars set complete	Complete Bars of MS Materials of Nicle crom with PVC tension Calbes Nisson type floor fi		- do -
3.	Spare Bars for 1 & 2 above	Laminated wood with steel rod inaids heat & water proof.	1	International Sports, Meerut
4.	Spare Bars for uneven parellel Bars	Bars without T cup Hydrolic pressed	1	Kapoor Edul. Coepa. Chandigarh.
5.	Buck Horse	Leather Top	1	Patiala Sports Indu., Patiala
6.	Boating Board	Noni, Nissan springs Top is covered with non slippery synthetic woollen blanket	i	Punjab Sports House, Patiala
7.	Rommel Horse	Rubber Padded with leather on top surface heavy chain	1	Patiala Sports Indus. Patiala

heavy chain

8.	Toman Rings apparatus complete	Revolving system with PVC coated cables	1	Punjab Sports House, Ambala Cantt.
9.	Spare Rings Wooden	Stag Laminated wood with fibre glass inside	1	International Spors, Meerut
10.	Gymnastic Bench	Noni Foam. padded ordinary	1.	Punjab Sports House, Ambala Cantt.
11.	Paralle Bars Set complete adjustable	Single lock system with heavy base	ш	Patiala Sports House, Patiala
1	2	3	4	5.
12.	Bomen Rings Apparatus	Revolving. system without Patials ordies	a j	Patiala Sports House, Patiala
HAN	ID BALL			
1.	Goal Posts Comp- lete set with not hocks and pipe	2mts, height above the ground	I.	Khalsa Gym. works, Moscut
	support	level cross bar attached dans. Saci 52 cm adrallet to t attached to logs of the	c Stones	
			om the be	sek of the post
HO	CKEY	The second second		-transitha water
1.	Morkey goal posts complete with back boards	Sessoned Stal Wood Wood HIF		Mahajan Sports Co. 67 chander nagar mkt.
2.	· 40 ·	- do -	0.36	Lucknow
3.	- d0	Note as per	'n	Punjab Sports Ho- use, Ambala Cantt.
4.	- do -	Sessoned SALL Wood as per IHF	H	Swamtantra Stores, Patiala
MIS	CELLANIOUS			
1.	Dumbell (Chromed) 7.5 Kg.	Fixed weight	1	Summit Precision Engg. Works A-24
			2	H Block, Pimpri,
2.	- do -	- do -	1	Pune - do -
		- 1	_	
1.	Nets Nylon	Noni	1	Punjah Sports Ho- use Ambala Cantt.
2.	- do -	Stag	H	International Sports Meerut
3.	- do -		III	Bajaj & Co. Delhi
4.	Flexible Cable 14mts. length 5mm. dia	meter	I	Goodluck & Co. Meerut
5.	Valleyball poles of head adjustable Antena type 3.25 mts. 7.5 cms. diam	length	I	Swantantra Stores, Patiala
6.	- do -		I	Punjab Sports Ho- use, Ambala Cantt.

UNIVERSITY GRANTS COMMISSION

SURVEY OF EXISTING SPORTS FACILITIES IN THE UNIVERSITY/COLLEGES

Notes: (1) This questionnaire is common for colleges and universities. SI No.

- (1) or (2) may be filled depending on whether the Institution is a university or a college.
- (2) Use metric system in indicating length and breadth.

INSTITUTIONAL INFORMATION

2.

3.

Breath (in mtrs.)

Height (in mtrs.)

- I. Name of the University with full postal address
- 2. Name of the Colleges with full postal address
- 3. The state in which the Institution is located
- 4. In case of College, give the name of the University to which it is affiliated
- 5. State whether the affiliation is temporary or permanent
- In case of a University, state whether it is unitary, affiliating or constitutent type
- If it is affiliating type, indicate the No, of Colleges affiliated to the University
- 8. Is the University/College declared fit to receive grants under section 12 (B) of the UGC Act?

INFORMATION REGARDING EXISTING PHYSICAL FACILITIES AVALIABLE ATHLETICS

9. Indicate the number of tracks presantly available in the follwing table No. of lances Size Type Cinder Grassy 200m 400m any other (Please Specify) **GYMNASIUM** 10. Total No. of Gymnasium presently available: 11. Give gthe details of each of the Gymnasium in the following table SI. Gymnasium NO. No. **Particulars** 3 1. Length (in mtrs.)

- Whether Covered (C), Open
 (O) or shed type (\$)
- Whether floor surface is wooden
 (W) or Cemented (C)

(For Sl. Nos. 4 & 5 use the codes given in brackets)

SWIMMING POOL

- 12. Total No. of Swimming pools presently available:
- 13. Give the details of each Swimming pool in the following table :

SI.		Swimming Pool No.
NO.	Particulars	1 2 3 4

- 1. Length
- 2. Breadth
- 3. No. of lanes
- Whether diving facility is available (Indicate Yes (Y) or No (N)
- 5. Depth nor the diving Boards
- 6. Depth at the starting end
- 7. Whether filteration plants are available (Y or N)
- 8. N. of changing rooms available

(Use the Code 'Y' or 'N' for St. No. 4 & 7 above)

COURTS

- 14. Total No. of Badmintaion Courts (standard Size) available.
- 15. Give the details of each the Badminton Court in the following table

SI.	The second secon		Badminton Court No				
No.	Particulars	1 -	3: 4	2	3 (3)	4	
i.	Length						
2.	Breadth						
3.	Whether Covered (C) or Open (O)						
4	Whether the flooring is don Cement (C) Wood (W) or G	•					
	(Use the Codes given in brackets for Sl. No. 3 & 4						
16.	Total No. of Squash Courts presently available						
17.	Give the details of each court in the following table						
SI.			Squa	ash Co	ourt No.		
No	Particulars	1	2	3	4		

- 1. Length
- 2. Breadth
- 3. Whether Covered (C) or Open (O)
- 4. Which the flooring is done by cement (C), Wood (W) or Gravel (Use the Codes given in brackets for Sl. No. 3 & 4)

18. Total No. of Ball Badminton Courts presently available							
19.	Givew the details of each of	f the court	s below.				
SI.			_	Ball I	Badminton	Court No.	
No.	Particulars	1		2	3	4	
1.	Length						
2.	Breadth						
3.	Whether Covered (C) or Op	en (O)					
4.	Whitether the flooring is don by Cement (C), Wood (W) of		G)				
	(Use the Codes given in bra	ckets for S	31. No. 3	& 4)			
20.	Total No. of Basket Ball Courts presently available						
21.	Give the details of each of the courts in following table						
SI.			Bas	ket Ball	Court N	lo.	
No.	Particulars	. 1		2	3	4	
1.	Length						
2.	Breadth						
3.	Whether Covered (C) or Op	ea (O)					
4.	Whether the flooring is don by cement (C), Wood (W)		(G)			4	
	(Use the Codes given in Vo	lley Ball 1	for SI. N	0.3 & 4)			
22.	Total No. of Volleyball Co	urts preser	ntly avail	lable			
23.	Give the details of each of the courts in following table						
SI.	Volleyball Court No.						
No.	Particulars	1	2		3	4	
1.	Length					0	
2.	Breadth						
3.	Whether Covered (C) or Op	en (O)					
4.	Whetehr the flooring is don by cement (C), Wood (W)		(G)				
	(Use the Codes given in Vo	lley Ball 1	for SI. N	o. 3)			
24.	Total No. of Hand Ball Cou	rts present	ly availa	ble			
25.	Give the details of each of	the courts	in follow	ing		4	
SI.	· · · · · · · · · · · · · · · · · · ·			Hand	Ball Cou	rt No.	
No	Particulars 1		2		3	4	
1.	Length						
2.	Breadth						
3.	Whether the flooring is don Cement (C) Wood (W) or G						
	(Use the Codes given in bra	ckets for S	SI. No. 3)			

26.	Total No. of Kho-Kho Courts pre	esently availa	able	
27	Give the details of each of the Co	ourts below		
SI.	1 W 1 = 1		Kho-Kho (Court No.
No	Particulars - 1	2	3	4
Ι.	Length			
2.	Breadth			
3.	Whether the flooring is done by			112
	Cement (C) Wood (W) or Gravel	Late of the		
2.056	(Use the Codes given in brackets	s for Si. No	5 & 4)	
	•			
Clebs			1	
28,	Total No. of Standard Size Hock		•	le
19.	Give the details of such of the H	ockey fields	below	
91.	(1000)		Hockey	Field No.
۹o.	Particulars 1	2	3	4
1				
8	Length			
	Breadh			
3.	State Whether the surface is			
6	Grassy (Gy) or Gravel (GL) (Use the Code given in brackets	for St. No. 3		
7 186 7 N		(t 12		La formation
30. 31.	Total No. of Standard Size Footh		w v dea	ie:
***	Give the details of each of the Fo	oothert Light	- 10 To 10 T	1
S1.	and the second of the second		Football	l field No
No.	Particulars 1		2	3 4
	Length			
2.	Breadth			Α.
s.	State Whether the surface is,			
٠.	Grassy (Gy) or Gravel (GL)			
	(Use the Code given in brackets	for SI. No. 3		
12.	Total No. of Cricket Fields prese			
33.	Give the details of each of the C	_		
SI.		TICKOW TICIO		- Field No
oı. No.	Particulars 1	- 2		et Field No.
1.	Length		3	•
2.	Breadth			
3.	State Whether the surface is			
	Grassy (Gy) or Gravel (G)			
4.	No. of (i) Turf pitches (T)			
	(ii) Matting pitches (M) (iii) Cemented pitches (c)			
	(iii) Cemented pitches (c) (Use the Codes as givenabvove i	for SI. No. 3	& 4	

INFORMATION REGARDING TRAINED PHYSICAL EDUCATION TEACHERS AVAIALBLE

- 34. No. of Physical Education teachers avaliable
- 35. Give the details of each of the teachers in the following table

Name	Age Designation	Highest Qualifications obtained	Years of Service
1.	4		
2.			
3.			
4.			
5.			
			

(If the No. of teachers are more please use additional sheet)

36. No of supporting staff (like line man, marks man, etc.) available

INFORMATION REGARDING THE STUDENTS ENROLLED

37. Give the details of students enrolled in your institution for various courses for the last 2 years in the following table:

Level	Year	Arts	Science	Table	
Under-grad	uate				
1990-91					
1991-92					
Post-gradua	ite				
1990-91					
1991-92					

38. Briefly give the details regarding achievement of the Institution in the area of sports for the last 3 years.

Any other details which the University/College would like to mention may be indicate in the space provided below (in case the space is insufficient use separate sheet).

Signature of the Registrar/Principal

Name in Block Letters:

Office Stamp/Seal

SCHEME FOR PROMOTION OF ADVENTURE SPORTS IN UNIVERSITIES AND COLLEGES



SCHEME FOR PROMOTION OF ADVENTURE SPORTS IN UNIVERSITIES AND COLLEGES

I. Objective

Participation in sports improves health and it also improves the outlook of the participant. Participation in sports allows the participant to identify the value of good natured competition, harmonious relationship in the group and of accepting superiority of others with grace while striving for personal excellence. The main body of traditional sports is of part university programmes since long and the UGC is assissting the universities and colleges for development of infrastructure for sports and physical education under the scheme of National Sports Organisation (N.S.O.) However, a body of adventure sport activities has developed as sports in their own right in the last few decades. Many of these sports involve adventure and, therefore, provide an added thrill and valuable opportunity for developing the trait of successfully facing challenges. Such sports, commonly called adventure sports, include long hiking trips, water sports, air sports etc.

In view of the importance and potential of adventure sports for development of character of the students, the UGC has evolved a mechanisum for involving university and college youth for participating in adventure sports under the umbrella of an expert agency viz. the Natinal Adventure Foundation which is a sponsored organisation of the Department of Youth Affairs and Sports of Govt. of India.

II. Strategy

The adventure sports for which UGC will assist under this scheme are listed in the Appendix. The UGC operates through the National Adventure Foundation (NAF) which organises some events itself and for others it identifies specialist organistions in the country and fixes the terms and conditions for their association under the scheme. The relationship between the UGC and the NAF for implementation of this scheme is regulated by the terms of a Memorandum of Understanding executed by the two organisations.

The list of identified specialised organistions will be supplied to all the universities and colleges and will also be published in the UGC News letter. These organistions will provide the expert guidence, manpower and equipment support for the adventure sports. These organisations will inform the universities/colleges in the region well in advance of the next course of adventure sport they would be organising and would seek nomination of students/teachers who may wish to participate in the course. While the UGC would meet the bulk of the expenditure, in order to ensure adequate commitment and involvement of the participants, there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there would be a small fee for those who may wish to participate in the actional there were actional to the action to the acti

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DOC, No Date

adventure sport. The specialist organisation would communicate the quantum of fee to be paid by each participant along with the requirement of medical check up and standard of health and any other skill (if needed) and personal belongings etc. to be brought while reporting for the course. Admission to the course would be subject to fulfilment of these requirements. The university would be expected to obtain the willingness of students/teachers through its Director of Sports/Physical Education who will also be responsible to make preliminary check that the requirement laid down by the specialist organisations are fulfilled by the candidates being organisations are fulfilled by the candidates being sponsored by the university/colleges.

III. Disbursement of Assistance by the UGC

No Assissance will be disbursed under this scheme to any university college by the UGC. The UGC will provide all assistance to the NAF and they in turn will pay the specialist organisations who will be conducting the course. It will also monitor and assess the specialist organisation for their performance in conducting the courses. The standards and specifications for:

- (i) Prosparticipation requirements for students/teachers including health/skill requirement; fee to be paid and kit to be brought.
- (ii) Equipment and daily facilities to be provided to students/telectre
- (iii) Standards of safety and supervision to be provided during the

will be worked out and prescribed for each adventure sport by the UGG in collaboration with the NAF. They will be supplied in brochure form to the Institutions. Each speciliased organisation will announce the schedule of courses for the year and will circulate it to the universities/colleges in the region. For each specialised organisations, a group of teachers in the university/colleges located in that place may be designated as the local representatives of the UGC who will generally oversee that the conduct of courses is as envisaged.

IV. Evaluation

4

The work of each specialist organisation would be subjected to an expert assessment by the UGC after 2 years and the programme would be continued thereafter on the basis of the result of the evaluation.

WERARY & DOCUMENTATION CENTRE National Institute of Educational Planning and Administration.

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