

**GUIDELINES FOR THE ORGANISATION OF  
ADVENTURE SPORTS/ACTIVITIES BY  
UNIVERSITIES/COLLEGES**



ज्ञान-विज्ञान विमुक्तये

**UNIVERSITY GRANTS COMMISSION  
BAHADUR SHAH ZAFAR MARG  
NEW DELHI - 110 002**

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## **ORGANISATION OF ADVENTURE SPORTS/ACTIVITIES BY UNIVERSITIES/COLLEGES**

### **1. INTRODUCTION**

It is a recognized fact that the development of the youth into good citizens who are knowledgeable, confident, balanced and possess strong character and leadership attributes, calls for the youth to be exposed to, besides the Academic education, other activities particularly sporting activities including Adventure Sports. It is in this context that the UGC has been assisting the universities and colleges for the development of infrastructure for sports and physical education, in collaboration with various National Sports Organisations (NSO) recognized by the Deptt. of Youth Affairs and Sports, Ministry of Human Resource Development, New Delhi. During 9th Plan period, Deptt. of Youth Affairs and Sports (MHRD) decided to disburse grants to Universities and Colleges directly under NSO Programme.

In the year 1998, UGC initiated a scheme of Promotion of Adventure Sports for participation of college and University students in various adventure activities/programmes. The National Adventure Foundation was organising these programmes on behalf of the UGC. The UGC was implementing the scheme through the National Adventure Foundation.

Based on the report of an Expert Committee constituted for the purpose, Commission during November, 1999 decided to discontinue the implementation of Adventure Sports through National Adventure Foundation.

The Commission further decided to consider the requests received from Universities and Colleges under the programme of Adventure Sports be implemented directly by the UGC.

Adventure Sports today have gained worldwide recognition as an activity, which contributes most significantly to the harmonious development of young people. These Sports are not only a source of 'thrill and joy' to

participants, but also provide a valuable opportunity for developing such traits so as to prepare them for facing challenges against all odds confidently and efficiently. Adventure Sports are conducted in all elements i.e. on land (Terrestrial Sports), in water (Aqua Sports) and in air (Aero Sports).

Keeping in view the importance and potential of Adventure Sports for overall personality development of the students, the UGC has evolved a scheme for enabling the university and college youth to participate in them, with fund support being made available by the UGC.

## **2. AIMS AND OBJECTIVE**

The objective of the Scheme is to create and foster amongst the students of Universities/Colleges a spirit of risk-taking, cooperative team work, the capacity to face and effectively deal with challenging situations with courage and determination. This, thus, provides the youth a positive and healthy channelisation for their abundant energy, enthusiasm and imagination as also an opportunity for them to take their rightful place as the future leaders of the country in myriad spheres of activity.

Keeping the above objective in view, the Scheme is designed to fulfill the following aims:-

- (a) While all young students should get an opportunity to avail themselves of adventure sports facilities, this Scheme specially aims to serve the first generation learners and young students, both in urban and rural areas.
- (b) Some students, depending upon their level of 'attainment' in a particular discipline, may be offered opportunities to participate in more advanced level of adventure activity in the same or related discipline.
- (c) Adventure Sports Infrastructure, where already available, to be further

improved/strengthened. At other places, Universities and Colleges to be assisted in creation of such minimum facilities so as to facilitate the conduct of such activities for their students.

### 3. ELIGIBILITY

All eligible Universities and Colleges (excluding Agriculture/ Medical/ Private Universities), which are included under Section 2(f) and have been declared eligible for central assistance under Section 12(B) of the UGC Act of 1956, will be covered under the scheme.

### 4. ADVENTURE ACTIVITIES

(i)	On Land.	<u>FOR EACH PROGRAMME</u>		Remarks
		Duration (days)	No. of Participants	
(a)	Snow Skiing	5	50	
(b)	Trekking	10	30	
(c)	High Alt Trekking	10	30	
(d)	Rock Climbing	5	30	
(e)	Cycle Safari in different terrains	10	20	Cycles to be arranged by participants themselves
(f)	Desert Safari/ Trekking	10	30	
<b>(ii) In Sea/Lakes</b>				
(a)	Wind Surfing in Lakes	5	30	
(b)	Sea Awareness	5	30	
<b>(iii) In the River</b>				
(a)	White Water Rafting	3 days & 2 nights	32	

(b) Kayaking & Canoeing 3 days & 2 nights 32

**(iv) In the Sky**

(a) Para Sailing 5 50

(b) Para Gliding. 5 30

(c) Micro Lite Flying 5 30

(d) Powered Hang Gliding 5 30

(e) Ballooning 2 50

**(v) Other Activities Including Advanced Adventure Sports.**

To be decided on merit of each adventure proposal.

**A University will be eligible to choose 2(Two) events/programmes while a College may choose 1(one) event/programme per calendar year.**

**5. PATTERN OF FINANCIAL ASSISTANCE FROM UGC**

***Norms for the Conduct of the Programmes***

**Payable to the Conducting Agency through the University/College for Conduct, Overall Management, Coordination, Control and Monitoring of the Programmes.**

<b>Activity</b>	<b>Permissible Expenditure</b>
(a) <b>Boarding &amp; Lodging</b>	Rs.150/- per day per head for the duration of the Adventure Programme.
(b) <b>Travelling Expenses by Bus from Base Camp to Camp Site and back.</b>	Rs.2000/- per Bus.
(c) <b>Hiring of Equipment</b>	Actual cost of Hiring Charges subject to a maximum of Rs.7,000/- for each programme except Mountaineering and Snow Skiing for

- which the amount should not exceed Rs.15,000/- per programme.
- (d) **Special Allowance** Rs.50/- per day per head for the period of Adventure Programme to take care of special needs like Porter charges, Medical aid etc.
- (e) **Honorarium to Instructors** Not exceeding Rs.4,000/- per Programme.  
(2 to 4 per Programme)  
**Accompanying the Group**
- (f) **Contingent Expenditure** Rs.4,000/- per programme.  
(Related to the Programme)
- (g) **Institutional Charges** 10% of the sum of (a), (b), (c), (d) & (e) above.  
Per Programme.

**TA/DA to Experts Nominated by the University/College to Monitor the Conduct of Programmes.**

As per University/College norms (Rs.200/- per day of the programme)

***Financial Liabilities of Participants***

**Transportation to Base Camp and Back.**

Shall be arranged by the Participants themselves.

**Payment of 'Commitment Money'.**

Universities/ Colleges will collect 'Commitment Money' from each participating student at the rate given below, at the time of planning and finalizing a programme and include the same in overall expenditure of the Programme. These rates will be subject to review by the UGC :-

(a) On Land	Amount per Programme
• Snow Skiing	Rs.400/-
• Trekking	Rs.300/-
• High Alt Trekking	Rs.400/-
• Rock Climbing	Rs.100/-
• Cycle Safari in different terrains	Rs.100/-

- Desert Safari/ Trekking                      Rs.300/-
- (b) In Sea/Lakes**
- Wind Surfing in Lakes                      Rs.200/-
  - Sea Awareness                              Rs.200/-
- (c) In the River**
- White Water Rafting                      Rs.100/-
  - Kayaking & Canoeing                      Rs.100/-
- (d) In the Sky**
- Para Sailing                                  Rs.100/-
  - Para Gliding.                              Rs.100/-
  - Micro Lite Flying                          Rs.100/-
  - Powered Hang Gliding                      Rs.100/-
  - Ballooning                                  Rs.100/-

**Insurance.**

Each participating student will be insured for a minimum amount of Rs.25,000/- at his/her cost, before the commencement of the Programme.

**6. CRITERIA FOR SELECTION OF THE PARTICIPATING STUDENTS AND THEIR ESCORTS**

**Participating Students**

**(a) Age Limit.**

The Age limit of participating students under various Adventure Programmes under the scheme, will be 17-35 years.

**(b) Priorities for Allotment of Vacancies.**

First Year & Second Year adventure loving students belonging to the weaker sections of society may be given preference over the 'Final Year' students.



**(c) Medical Fitness Certificate.**

The participating students should be mentally and physically fit to undergo the adventure programme. Production of a Medical Fitness Certificate by the participating students duly signed by a qualified Medical Practitioner and stating that the student is mentally and physically fit to undergo the programme, would be mandatory.

**(d) Each Student Allowed to Participate Only In One Programme In an Academic Year.**

One student will be allowed to participate only in one programme, each year, so as to enable maximum number of students to benefit from the Scheme.

**(e) Student Pursuing 'Correspondence Courses' Also Eligible.**

Students pursuing their academic studies through Correspondence Courses of the University concerned will also be eligible to participate in the adventure programmes/events.

**Detachment of Escorts from Among the Staff Members**

(a) Generally, there will be separate programmes/events for boys and girls, in which case, two physical teachers will be deputed as escorts.

(b) Where the same programme/event is to be attended, combinedly, by both boys and girls, a lady physical teacher will invariably be deputed to join the group of participants as escort as also to assist in administering the programme.

**7. PROCEDURE TO BE FOLLOWED FOR OBTAINING APPROVAL OF UGC AND ORGANISING PROGRAMMES**

***Submission of Proposals***

Universities/Colleges will draw up plans for the organisation of Adventure Sports event/programme for their students during the next Financial Year and forward the same to UGC, together with full 'Financial Implications', as per formats at Annexure I & IA so as to reach UGC by 31st January, of each Financial Year.

### ***Processing of Proposals and Release of grant by UGC***

UGC will examine all proposals received through a duly constituted committee. Decisions regarding the proposals/ programmes approved by it, together with the admissible grant sanctioned to the University/ Colleges, will be taken up by 15<sup>th</sup> March. The same will be communicated to the Universities/ Affiliated Colleges concerned accompanied by simultaneous release of 75% of the grant sanctioned to them. Balance 25% will be released on receipt of statement of expenditure and Utilization Certificate along with the implementation/performance report of the Programme/Activity undertaken.

### ***Execution of Proposals/Conduct of Programmes by Universities/ Colleges***

The onus now falls on the Universities /Colleges in whose respect the proposals have been approved by UGC, to ensure that such an agency to conduct the programmes is selected which can do the programmes cost effectively and give 'maximum value for money spent'. It thus follows that preferably an NGO which, by their nature, normally functions on Non Commercial basis be given preference as against going to a Commercial Adventure Organisation. An NGO to be entrusted with the responsibilities of executing programmes should be selected based on its strength keeping in view the following desirable parameters : -

- (a) The NGO should have a wide spread presence in the country so that it can organise and conduct adventure activities for the students of College/ University at multi-locations.
- (b) It should have due versatility by way of the capability of conducting programmes in maximum Adventure Disciplines, within itself or through affiliate Adventure Organisations.
- (c) It should have been working actively in the field for atleast a period of 10 years or more and, thus, should have developed the necessary

infrastructure and expertise to credibly conduct programmes.

- (d) It should have the capability of mobilizing its resources at other selected places in the country by moving the equipment and teams, as necessary, for conducting the programmes for the students of the Affiliated college/ university.
- (e) The Selected Conducting Agency whether it organises Adventure Sports programmes/events for the students of Universities/Colleges itself or gets it executed from another Professional organisations in the field, shall be capable of taking on the responsibility, for competent and safe conduct of the Adventure Sports programmes/events assigned to it, based on its past record and credibility.
- (f) It should have the capacity to make arrangements for boarding and lodging for the participants during the programme/event particularly where overnight stay is involved.

#### ***Processing Time for Proposals/ Programmes***

Even before the receipt of approval and release of grants from UGC, the Universities/Colleges should shortlist agency/agencies based on the guidelines given above who can conduct the programmes. Immediately on receipt of the approval of the UGC, the entire details by way of preparation of Nominal Rolls of participating students, completion of application forms, collection of 'Commitment Money' from the participating students, getting the participating students insured for Rs.25,000/- and timely nomination and taking of the Conducting Agency, fixing of Venue/ Base Camp Location, dates of the Programme, conduct modalities and so on, should be taken in hand and fully coordinated/ firmed up.

#### ***Documents to be Forwarded to UGC On Completion of the Programme***

On completion of the programmes, the following documents are required to be forwarded to the UGC :-

- (a) Performance Report of the Programmes duly accepted and signed by the Principal/ Registrar concerned.
- (b) Minimum five 'Activity photographs', each in duplicate, duly captioned.
- (c) Nominal Roll of the participating students who actually took part in the programme, duly signed by the Principal /Registrar concerned under Rubber Stamp.
- (d) Utilisation Certificate and audited statement of expenditure duly authenticated by CA and accepted by the Principal/ Registrar concerned, as per **Annexures II & III** attached.
- (e) Feedback and Completion Report duly filled in by the participating students to meet the audit requirements.

**PROPOSAL OF THE UNIVERSITY/COLLEGE FOR  
ORGANISING ADVENTURE SPORTS PROGRAMME/ACTIVITY**

1. Name of the University/College : \_\_\_\_\_
2. Whether the University/College : \_\_\_\_\_  
has been listed under Section  
2(f) & 12(B) of UGC Act of 1956,  
if yes, the date of its listing with  
proof thereof. \_\_\_\_\_
3. No. of Deptts. in the : \_\_\_\_\_  
University/College
4. Total No. of regular students : \_\_\_\_\_  
as on the date of proposal.
5. Total No. of regular teachers : \_\_\_\_\_  
as on the date of proposal.
6. Whether any Adventure Sports : \_\_\_\_\_  
Programmes have been organized  
by the Univ./College in the past,  
if yes, details thereof. \_\_\_\_\_
7. Details of equipment available : \_\_\_\_\_  
with the University/College for  
Adventure Sports Programme  
event-wise. \_\_\_\_\_
8. No. of students participated in : \_\_\_\_\_  
the programme event-wise  
(enclose separate sheet) during  
the last year \_\_\_\_\_

9. Item-wise proposal of the Univ./ College with details of facilities available with the Univ./College (enclose separate sheet for each programme/activity). A sample of Trekking programme is enclosed. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
10. Name and full address of the Agency being selected to conduct the proposed programme. \_\_\_\_\_  
\_\_\_\_\_

**Signature of Principal/Registrar  
(with his seal)**

**NOTE :**

All required documents are to be enclosed with the proposal for the programme/event to be undertaken.

UGC formats of Utilization Certificate, Statement of Expenditure, Progress Report to be used for submitting the progress report of the project(s)/ programme and details of expenditure incurred.

**SAMPLE**

**ITEM WISE PROPOSALS**  
**FOR CONDUCT OF ADVENTURE SPORTS DURING**  
**FINANCIAL YEAR \_\_\_\_\_**

- |    |  |             |
|----|--|-------------|
| 1. | Name of Programme.   | TREKKING    |
| 2. | Duration of Programme.   | 10 DAYS     |
| 3. | Number of Participating Students.  | 30 STUDENTS |
| 4. | <b>Budgetary Allotment for One Programme.</b>  |             |
|    | <b>(a) To be Paid to Conducting Agency.</b>  |             |
|    | <b>(i) Boarding &amp; Lodging</b><br>@Rs.150/- per day per head<br>for the duration of the<br>Adventure Programme  | Rs.45,000/- |
|    | <b>(ii) Travelling Expenses by<br/>Bus from Base Camp to<br/>Camp Site and back</b><br>@Rs.2000/- per Bus.   | Rs. 2,000/- |
|    | <b>(iii) Hiring of Equipment</b>   | Rs. 7,000/- |
|    | <b>(iv) Special Allowance</b><br>@Rs.50/- per day per head<br>for the period of Adventure<br>Programme to take care of<br>special needs like Porter charges,<br>Medical aid etc. | Rs.15,000/- |

<b>(v) Honorarium to Instructors (2 to 4 per Programme) Accompanying the Group</b>	<b>Rs. 4,000/-</b>
<b>(vi) Contingent Expenditure (Related to the Programme)</b>	<b>Rs. 4,000/-</b>
<b>(vii) Institutional Charges (10% of the sum of (i), (ii), (iii), (iv) &amp; (v) above)</b>	<b>Rs. 7,300/-</b>
<b>(viii) Total</b>	<b><u>Rs. 84,300/-</u></b>

Place :

Date :

Signature of Registrar/Principal  
With his Seal



**UNIVERSITY GRANTS COMMISSION  
BAHADURSHAH ZAFAR MARG  
NEW DELHI**

**UTILISATION CERTIFICATE**

Certified that the grant of Rs. \_\_\_\_\_  
(Rupees \_\_\_\_\_) sanctioned to \_\_\_\_\_  
by the University Grants Commission vide their letter No. \_\_\_\_\_  
dated \_\_\_\_\_ towards \_\_\_\_\_ has  
been utilized for the purpose for which it was sanctioned and in accordance with  
the terms and conditions as laid down by the Commission.

If, as a result of check or audit objection, some irregularity is noticed at a  
later stage, action will be taken to refund or regularize the objected amount.

**Principal/Registrar  
(with his seal)**

**F.O. of the  
University**

**Chartered Accountant  
Government Auditor**

**UNIVERSITY GRANTS COMMISSION  
STATEMENT OF EXPENDITURE**

Audited statement of expenditure in respect of  
\_\_\_\_\_ approved by the UGC vide  
letter No. \_\_\_\_\_ dated \_\_\_\_\_

**EXPENDITURE**

**Principal/Registrar  
(with his seal)**

**F.O. of the  
University**

**(Signature of Chartered  
Accountant/Government  
Auditor with his seal)**

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