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**GUIDELINES FOR THE
PROMOTION OF ADVENTURE
SPORTS IN UNIVERSITIES
AND COLLEGES DURING
THE IXth PLAN PERIOD**



**UNIVERSITY GRANTS COMMISSION
BAHADURSHAH ZAFAR MARG
NEW DELHI-110 002**

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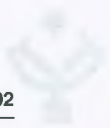
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GUIDELINES FOR THE PROMOTION OF ADVENTURE SPORTS IN UNIVERSITIES AND COLLEGES DURING THE IXth PLAN PERIOD

I. OBJECTIVE

Participation in sports improves health and it also improves the outlook of the participant. Participation in sports allows the participant to realise the value of healthy competition, co-operative relationship, team work and of accepting the superiority of others with grace while striving for personal excellence. The main body of traditional sports is a part of university programmes for a long time and the UGC is assisting universities and colleges for the development of infrastructure for sports and physical education under the scheme of National Sports Organisation (NSO). However, a body of adventure sports activities has developed as sports in their own right in the last few decades. Many of these sports involve adventure and, therefore, provide an added thrill and valuable opportunity for developing the trait of facing challenges. Such sports, commonly called adventure sports, include long hiking trips, water sports, air sports, etc.

In view of the importance and potential of adventure sports for the development of the character of the students, the UGC has evolved a mechanism for involving the university and college youth for participating in adventure sports under the umbrella of an expert agency, viz., the National Adventure Foundation, which is a sponsored organisation of the Department of Youth Affairs and Sports of the Government of India.

II. STRATEGY

The adventure sports for which the UGC will assist under this scheme are listed in the **Annexure**. The UGC operates through the National Adventure Foundation (NAF) which organises some events itself and for others it identifies specialist organisations and fixes the terms and conditions for their association under the scheme. The relationship between the UGC and the NAF for implementation of this scheme is regulated by the terms of a Memorandum of Understanding executed by the two organisations (**Annexure**).

The list of identified specialised organisations will be supplied to the universities and colleges. These organisations will provide expert guidance, expertise and equipment support. These organisations will inform the universities/colleges in the region well in advance of the next course of adventure sports they would be organising and would seek nomination of students/teachers who may wish to participate in the course. The participants would be required to pay the amount at the rates to be decided by the two organisations, as the cost of the event for attending different programmes during a particular year, to ensure adequate commitment and involvement of the participants. The

balance amount of expenditure would be met out of the advance sanctioned/paid by the UGC to NAF. The specialist organisation would communicate the requirement of medical check-up, standard of health, any other skill (if needed) and personal belongings to be brought by the participants while reporting for the course. Admission to the course would be subject to fulfilment of these requirements. The university would be expected to obtain the willingness of students/teachers through its Director of Sports/Physical Education who will also be responsible for making preliminary check that the requirements laid down by the specialist organisations are fulfilled by the candidates.

III. DISBURSEMENT OF ASSISTANCE BY THE UGC

The UGC will provide all assistance to the NAF, and they, in turn, will pay the specialist organisations who will be conducting the course. It will also monitor and assess the specialist organisation for their performance in conducting the courses. However, the UGC may consider the requests from universities/colleges for direct implementation of the scheme. The standards and specifications will be worked out and prescribed for each adventure sport by the UGC in collaboration with the NAF. They will be supplied in the brochure given to the institution. These will cover :

- (1) Pre-participation requirements for students/teachers including health/skill requirement, fee to be paid and kit to be brought.
- (ii) Equipment and daily facilities to be provided to students/teachers.
- (iii) Standards of safety and supervision to be provided during the course. Each specialist organisation will announce the schedule of courses for the year and will circulate it to the universities/colleges in the region. For each specialist organisation, a group of teachers in the universities/colleges located in that place may be designated as the local representatives of the UGC who will oversee the conduct of the courses.

IV. EVALUATION

The work of each specialist organisation would be subject to an expert assessment by the UGC after two years and the programme would be continued thereafter on the basis of the result of the evaluation.

**MEMORANDUM OF UNDERSTANDING FOR
IMPLEMENTATION OF THE UGC SCHEME OF ADVENTURE
ACTIVITIES FOR COLLEGE/UNIVERSITY STUDENTS,
BETWEEN
UNIVERSITY GRANTS COMMISSION
AND
NATIONAL ADVENTURE FOUNDATION**

1. UGC commenced a scheme for participation of College and University students in various adventure activities/programmes during the 8th Five Year Plan and requested National Adventure Foundation, an expert apex body in this field, to organise and execute the scheme on behalf of UGC. Accordingly, an MOU was signed between UGC and NAF for efficient and smooth implementation of the scheme on 1st October, 1992. The above plan period having been completed, both the above referred organisations, now agree to extend the agreement for another five years commencing from 1st April, 1997, on the following terms and conditions:-
 - (i) UGC will communicate to the NAF in the beginning of every financial year, the amount available for implementation of the scheme and NAF will accordingly regulate the scheme so as to keep the expenditure within the available amount as communicated by the UGC.
 - (ii) NAF will either itself organise the adventure programme for College and University students or will organise these through the University/Colleges of other professional organisations in the respective fields. In both cases, NAF will assume the responsibility for maintenance, completion & audit of accounts for the expenditure incurred on each programme. NAF will make special efforts to involve physical education wing of the Universities and colleges for implementation of adventure sports.
 - (iii) UGC agrees to pay 7% of the expenditure incurred on each programme during the year as training management cost because such cost cannot be easily determined and paid for separately. The NAF would also be allowed to retain 5% of the total fee charged from the participants for replacement of equipment. The remaining amount would be adjusted against grant after allowing 20 per cent fee exemption, if granted to the students.
 - (iv) Payment by the UGC would be by way of reimbursement of the actual expenditure incurred on each programme, after deducting the fees collected by NAF for each of the programme, subject to proviso (iii) as above. The UGC will advance a sum equal to 50% of the sanctioned annual budget for first half of

the year to NAF for incurring expenditure on organising adventure programme. NAF would submit audited accounts of the expenditure with sufficient details within 6 months of the end of every financial year to finally settle the account for the year. The unspent balances of previous year would be adjusted while releasing the second instalment.

The NAF will send the programme of Adventure activities to be conducted during the summer and winter to the UGC by 31st March and 30th September every year, respectively, which will be discussed in the meetings to be held on 15th April for summer programmes and 15th October for winter programmes.

The UGC will send approval in May and October for summer and winter programmes respectively. The first instalment of the grant will be released to NAF by the U.G.C. in May for summer programmes & in October for winter programmes, on the receipt of unaudited Accounts.

- (v) For matters of organising adventure programmes, and for their accounts/disbursement, the UGC will not deal directly with any organisation engaged by the NAF or for organising adventure programmes under the scheme. NAF would be responsible for dealing with all such organisations. However, the UGC may consider requests from Universities/Colleges for direct implementation of the scheme by them.
2. NAF will negotiate and work out on behalf of the UGC the following details:-
- (a) Duration of each programme and the number of students allowed to participate in each programme.
 - (b) The eligibility criteria for participation in the programme by the students.
 - (c) The kit and gear required to be brought by the participants.
 - (d) The syllabus of each programme required to be covered and the level of competence expected.
 - (e) Cost per participant or per programme. If the cost varies from location to location, then the cost of each location. Participants would pay for their journey to the place of training and back and for other personal needs enroute.
 - (f) Participants would be required to pay the amount at the following rates as the cost of the event for attending different programmes during the year 1997-98. The same would be reviewed by the Joint Co-ordination Committee every year.

S. No.	Programme	Amount per programme
1.	ski	Rs. 525/-
2.	Trek	Rs. 500/-
3.	High Alt excursion	Rs. 570/-
4.	Sea Awareness	Rs. 300/-
5.	Rock climbing	Rs. 225/-
6.	Raft	Rs. 250/-
7.	Kayaking and Conoeing	Rs. 225/-
8.	Cycle Safari	Rs. 150/-
9.	H. Gliding	Rs. 300/-
10.	Para Sailing	Rs. 75/-
11.	Para Gliding	Rs. 300/-
12.	Balooning	Rs. 125/-
13.	Microlite	Rs. 150/-
14.	Mountaineering Courses	
	(a) J and K Batole	Rs. 300/
	(b) i) NIM Uttarkashi] Rs. 500/-
	ii) HIM Darjeeling	


The balance of the expenditure may be met out of advance sanctioned by the UGC to NAF. NAF may make special efforts to increase the fee in a phased manner.

- The UGC will not pay for the procurement of any equipment to NAF or their organising agencies, but, will pay for the equipment hired to conduct such programme when built into the cost of the programme as a component of it. In addition such costs as publicity, monitoring and promotional efforts will be submitted by the NAF to the UGC separately along with the proposal for approval.
- The NAF will arrange for the board and lodging of the participants during the programmes within the specified cost of each programme.
- NAF will compulsorily insure all participants and insurance premium would be met by the participants.
- The NAF will make available the records/returns such as application forms and status reports of the programmes, giving the full details indicating the number of students both boys and girls, for review of the performance of the programmes indicating the number of students sponsored by the University/Colleges and their actual participation in the programmes.
- The UGC may provide freeship to a maximum of 20 per cent of the students from the weaker sections including the economically weaker sections participating in the programme.
- As far as possible, there may be separate programmes for boys and girls. In

exceptional cases, there may be combined programmes also, but information of such combined programmes be given to College/Universities well in advance and nomination for all programmes be finalised at least one month before the commencement of the programme.

9. The UGC and the NAF will form a Co-ordination Committee for overseeing the implementation of the scheme with the Secretary, UGC, in the chair. The committee may clarify problems as and when they arise from time to time. The Committee will consist of the Financial Advisor, JS (SPE) and US (SPE) from the UGC and the NAF will be represented on this Committee by the Director, NAF and one or two more members to be nominated by the Executive Council of the NAF. The Committee will meet from time to time to review the performance of the scheme before the release of the funds.
10. There shall be a representative of the UGC on the Executive Council of the NAF.
11. This Memorandum of Understanding will be valid upto the end of the 9th plan period commencing from April 1, 1997, till March 31, 2002.

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